## BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER JANUARY 2017

Lunch menus include 8oz 1% Milk & 4oz Juice

Menus shown for Friday & Saturday are for Meals-On-Wheels Clients

NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY

Week 4 Monday 01/02 MOW ONLY	Tuesday 01/03	Wednesday 01/04	Thursday 01/05	Friday 01/06 MOW ONLY	Saturday 01/07 MOW ONLY
Cheeseburger on Bun	Baked Chicken Breast w/	Hot Roast Beef & Gravy	Low Salt Ham Steak	Baked Breaded Sole Fish	Minestrone Soup
BBQ Baked Beans	Gravy	Mashed Potatoes	Baked Macaroni & Cheese	Au Gratin Potatoes	Cheese & Spinach Quiche
Steamed Buttered Broccoli	Herb Stuffing	Green Beans	Calif. Blend Vegetables	Stewed Tomatoes	Diced Peaches
Fresh Orange	Glazed Carrots	Melon Cup	Diced Peaches	Banana	W.W. Crackers (6)
Milk/Juice	Ambrosia Salad	W.W. Roll w/ Marg.	W.W. Bread w/ Marg.	Cornbread w/ Marg.	Milk/Juice
**CENTER IS CLOSED**	W.W. Bread w/ Marg. Milk/Juice	Milk/Juice	Milk/Juice	Milk/Juice	
Week 1 Monday 01/09	Tuesday 01/10	Wednesday 01/11	Thursday 01/12	Friday 01/13 MOW ONLY	Saturday 01/14 MOW ONLY
Meat Loaf	Chicken Pot Pie	Tuna Salad Sandwich on	Lunch with Gene Edwards	Vegetable & Bean Soup	BBQ Beef on Bun
Creamy Mashed Potatoes	Topped w/ Biscuit	W.W. Bread	Baked Pork Chop	Chicken Salad Sandwich on	Scalloped Potatoes
Mixed Vegetables	Buttered Brussels Sprouts	Peas & Carrots	Yellow Squash Casserole	W.W. Bread	Green Beans
Mandarin Oranges	Applesauce	Oven Fries	Rice Pilaf	Diced Pears	Diced Peaches
W.W Bread w/ Marg.	W.W. Bread w/ Marg.	Pineapples	Fruit Jello	Milk/Juice	Milk/Juice
Milk/Juice	Milk/Juice	Milk/Juice	W.W. Bread w/ Marg.		
			Milk/Juice		
Week 2 Monday 01/16	Tuesday 01/17	Wednesday 01/18	Thursday 01/19	Friday 01/20 MOW ONLY	Saturday 01/21 MOW ONLY
MOW ONLY					
Baked Lemon Salmon	Carpe Diem: Sparky &	Oven Fried Chicken	Turkey Stew-Potatoes, Peas	Sloppy Joe on Bun	Chicken Tetrazzini & Spaghetti
Mini Baked Potatoes	Rhonda Rucker	Red Beans & Rice	Carrots	Baked French Fries	Sugar Snap Peas
Steamed Cauliflower	Veal Cutlet w/ Brown	Steamed Buttered Broccoli	Collard Greens	Spinach	Fruit Cocktail
Apricots	Gravy	Peaches	Baked Pineapple	Applesauce	Garlic Toast
W.W. Bread w/ Marg.	Mashed Potatoes	W.W. Bread w/ Marg.	Blueberry Muffin	W.W. Roll w/ Marg.	Milk/Juice
Milk/Juice **CENTER IS CLOSED**	Mixed Vegetables Applesauce	Milk/Juice	Milk/Juice	Milk/Juice	
CENTER IS CLOSED	W.W. Bread w/ Marg.				
	Milk/Juice				
Week 3 Monday 01/23	Tuesday 01/24	Wednesday 01/25	Thursday 01/26	Friday 01/27 MOW ONLY	Saturday 01/28 MOW ONLY
Spaghetti & Meatballs (3)	Golden Baked Chicken	Baked Rockfish	Beef Stew w/ Beef, Potatoes	Green Salad topped w.	Tomato Basil Soup
w/ Pasta Sauce	Pattie on Bun	Roasted Red Potatoes	And Carrots	Grilled Chicken, Cheese &	Turkey & Swiss Cheese
Green Beans	Baked Beans	Buttered Seasoned Peas	Country Kale	Egg	Sandwich on W.W. Bread
Tropical Fruit	Vegetable Medley	Peach Crisp	Fresh Banana	Macaroni Salad	Cole Slaw
Garlic Bread	Diced Pears	W.W Bread w/ Marg.	Buttermilk Biscuit w/ Marg.	Fruit Salad	Raisin Box
	Milk/Juice	Milk/Juice	Milk/Juice	Bread Sticks	Milk/Juice
				Milk/Juice	

## Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.

Week 4 Monday 01/30	Tuesday 01/31	Wednesday 02/01	Thursday 02/02	Friday 02/03 MOW ONLY	Saturday 02/04 MOWONLY
Cheeseburger on Bun	Shelley Abbott	Hot Roast Beef & Gravy	Low Salt Ham Steak	Baked Breaded Sole Fish	Minestrone Soup
BBQ Baked Beans	Baked Chicken Breast w/	Mashed Potatoes	Baked Macaroni & Cheese	Au Gratin Potatoes	Cheese & Spinach Quiche
Steamed Buttered Broccoli	Gravy	Green Beans	Calif. Blend Vegetables	Stewed Tomatoes	Diced Peaches
Fresh Orange	Herb Stuffing	Melon Cup	Diced Peaches	Banana	W.W. Crackers (6)
Milk/Juice	Glazed Carrots	W.W. Roll w/ Marg.	W.W. Bread w/ Marg.	Cornbread w/ Marg.	Milk/Juice
	Ambrosia Salad	Milk/Juice	Milk/Juice	Milk/Juice	
	W.W. Bread w/ Marg.				
	Milk/Juice				